

# Julie D. Burch

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## Sample Title List

*Julie's Most In-Demand Keynotes:*

**I Am Sooooo Stressed Out!** (Stress Management)

**You Make Me So MAD!!** (Emotional Intelligence)

**Crash Course to Effectiveness** (Time Management)

**What You Do Matters!** (Change Management)

*Seminar and breakout session title list:*

**You Make Me So Mad!**

Developing Your Emotional Intelligence

**I am Sooooo Stressed Out!**

Stress management skills for professionals  
(can be modified for women)

**Crash Course to Effectiveness:**

Time Management Tips for the Overworked,  
Overstressed, and Overwhelmed!

**Communicating With Tact, Diplomacy,  
And Professionalism**

Communicating with power and impact

**Millennial Madness!**

Generational Communication  
Strategies and Solutions

**Speak Up...And Actually Be Heard!**

Real world communication skills—  
that actually work! (can be modified for women)

**Leadership is Learned!**

Moving from manager to leader

**Exceptional Customer Service: It's in the Bag!**

Not your Mama's customer service!  
(can be presented individually  
or as a 5 part series)

All of Julie's presentations are dynamic, high energy, highly interactive and full of real world, Tangible techniques the audience can use immediately. They are also tons of FUN! Julie loves to make people laugh. She has discovered they more they laugh the more they learn.

Julie's presentations can all be customized to fit your specific goals and objectives and can be modified to fit the time frame needed from a short keynote to a full day presentation.